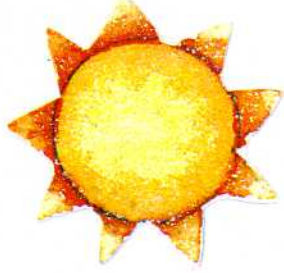
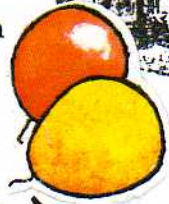




Also available in colour at [www.greatholland.com](http://www.greatholland.com)



# Great Holland Village Voice



Don't forget our  
Village & Church Fête  
on 1<sup>st</sup> August!



August & September  
2015

70p where sold



... to the August/September edition of **Village Voice**.



## Included in this edition...

- ❖ **More news about The Ship**
- ❖ **A letter from the Chairman of Great Holland Residents Association**
- ❖ **We have a new advertiser: The Lifehouse Spa & Hotel in Thorpe-le-Soken**

Thank you to everyone who has contributed to this edition of Village Voice. We always welcome new contributors. Is there anything that **YOU** would like us to include in the next edition? For example:

- Are there any events happening in October or November that you wish to publicise?
- Do you have any local news items to be included?
- Do you want to tell other villagers about a local group/club?
- Can you write an article for the magazine?
- Do you want to advertise any items for sale/your business/service?

We will begin printing the next edition of Village Voice on:

**Monday 28<sup>th</sup> September**



Please contact Linda on **852195** or Sandra on **672453** with details, two weeks before the printing date if possible. **Please note that Sandra looks after the advertising side of the magazine.**

# Blue Skies



## Contents

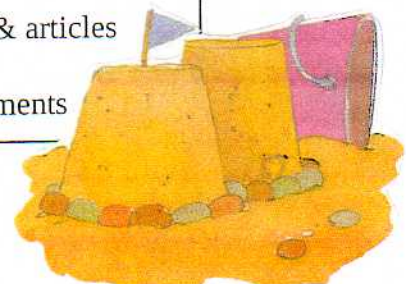
Village Contacts and Local Information

Dates for your Diary

All Saints' Church  
Methodist Church

Village news & articles

Advertisements





## Village Contacts and Local Information

Member of Parliament	Mr Douglas Carswell MP	423112
Residents' Association	Paul Fletcher-Tomenius (Chair)	675268
All Saints' Church Minister	Rev. Mark Holdaway	675997
Methodist Church Minister	Rev. Eva Walker	851179
Great Holland Village Hall Committee	Ms Sue Jenkins (Chair) Mrs C Harris (Bookings)	850317 830136
Frinton & Walton Town Council (Incorporating Frinton, Walton, Kirby and Great Holland)	Mrs Myrna Liles (Town Clerk)  Cllr. Mr Christopher Keston	676666  850067
Essex County Council	Cllr. Mr Michael (Mick) Page	672410
Tendring District Council	Town Hall, Station Road, Clacton CO15 1SE  Cllr. Mr Robert J Bucke Cllr. Mr Mark A Cossens	686868 (Emergency/out of hours: 2220220)  677495 861374
Dog Warden	(Tendring District Council)	0845 2417253
RSPCA	0300 1234 999	
Neighbourhood Watch Administrator	Please call 101 and ask to speak to Paul Teague.	
Crime Reduction Officer	Please call 101 and ask to speak to David Gillies.	
Crimestoppers	0800 555111	
Essex Police non emergency	101	
Essex Fire & Rescue non emergency	01376 576000	
Citizens Advice Bureau	0844 4770808	
Coastguard Service	01255 675518	
Colchester General	01206 747474	
National Rail Enquiries	08457 484950	
Tendring Dial-a-Ride	01255 436962	
Mobile Library	Calls fortnightly every other Thursday at <b>Rosery Mews</b> only. Arrives 10.00am, departs 10.30am - see Diary page for dates.	
Civic Amenity Tip Maltings Lane, Kirby-le-Soken	<p>Opening times:  <b>Winter</b> (16<sup>th</sup> October - end of February): 9.00am- 4.00pm  <b>Summer</b> (1<sup>st</sup> March-15<sup>th</sup> October): 9.00am-5.00pm            Late night opening during summer no longer takes place.</p> <p><b><u>The Civic Amenity Tip is closed on Tuesdays and Wednesdays</u></b></p> <p><b>All day closing:</b> Christmas Day, Boxing Day and New Year's Day.  <b>Half-day closing:</b> If Christmas Eve and New Year's Eve fall on a day the recycling centre is usually open, the centre closes at 1.00pm.</p>	



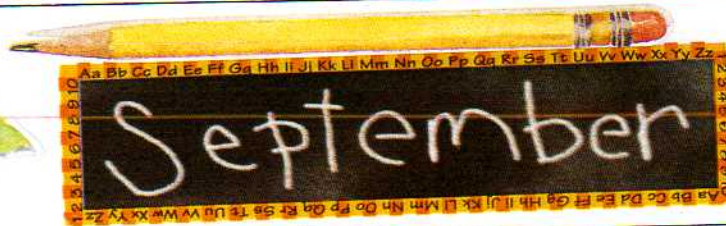
## Dates for your Diary ...



# AUGUST



<b>Saturday 1<sup>st</sup></b>	★ <b>Great Holland Village &amp; Church Fête in the grounds of The Old Rectory</b> 2.00–5.00pm (gates open 1.45pm) ★
<b>Thursday 6<sup>th</sup></b>	<b>Coffee Morning:</b> Methodist Church, 10.30am-12.00 midday. <b>Meeting of Friends and Neighbours of Great Holland:</b> 2 Great Holland Court, 2.00pm.
<b>Friday 7<sup>th</sup></b>	<b>Street Meets by Essex Police - Come and meet your PCSOs to discuss issues/concerns you may wish to raise:</b> Great Holland Village Hall, 10.00-11.00am.
<b>Thursday 13<sup>th</sup></b>	<b>Coffee Morning:</b> Methodist Church, 10.30am-12.00 midday. <b>Mobile Library</b> visits Rosery Mews.
<b>Friday 14<sup>th</sup></b>	<b>Street Meets by Essex Police:</b> Great Holland Village Hall, 10.00-11.00am.
<b>Thursday 20<sup>th</sup></b>	<b>Coffee Morning:</b> Methodist Church, 10.30am-12.00 midday.
<b>Friday 21<sup>st</sup></b>	<b>Street Meets by Essex Police:</b> Great Holland Village Hall, 10.00-11.00am.
<b>Thursday 27<sup>th</sup></b>	<b>Coffee Morning:</b> Methodist Church, 10.30am-12.00 midday. <b>Mobile Library</b> visits Rosery Mews.
<b>Friday 28<sup>th</sup></b>	<b>Street Meets by Essex Police:</b> Great Holland Village Hall, 10.00-11.00am.
<b>Monday 31<sup>st</sup></b>	<b>Great Holland Folk Club:</b> Church Parish Room (next to All Saints' Church), 7.00-9.30pm.



<b>Thursday 3<sup>rd</sup></b>	<b>Coffee Morning:</b> Methodist Church, 10.30am-12.00 midday. <b>Meeting of Friends and Neighbours of Great Holland:</b> 2 Great Holland Court, 2.00pm.
<b>Friday 4<sup>th</sup></b>	<b>Street Meets by Essex Police:</b> Great Holland Village Hall, 10.00-11.00am. 🎵
<b>Saturday 5<sup>th</sup></b>	<b>Home Made Hour Wih Live Music:</b> Village Hall, 10.00-11.00am. 🎵
<b>Wednesday 9<sup>th</sup></b>	<b>Local Patient Participation Group (PPG) meeting:</b> Thorpe-le-Soken Sports and Social Club, Station Road, 7.00pm
<b>Thursday 10<sup>th</sup></b>	<b>Coffee Morning:</b> Methodist Church, 10.30am-12.00 midday. 🍪★ <b>Mobile Library</b> visits Rosery Mews.
<b>Friday 11<sup>th</sup></b>	<b>Street Meets by Essex Police:</b> Great Holland Village Hall, 10.00-11.00am.
<b>Thursday 17<sup>th</sup></b>	<b>Coffee Morning:</b> Methodist Church, 10.30am-12.00 midday.
<b>Friday 18<sup>th</sup></b>	<b>Street Meets by Essex Police:</b> Great Holland Village Hall, 10.00-11.00am.
<b>Thursday 24<sup>th</sup></b>	<b>Coffee Morning:</b> Methodist Church, 10.30am-12.00 midday. <b>Mobile Library</b> visits Rosery Mews. 📚
<b>Friday 25<sup>th</sup></b>	<b>Street Meets by Essex Police:</b> Great Holland Village Hall, 10.00-11.00am.
<b>Monday 28<sup>th</sup></b>	<b>Great Holland Folk Club:</b> Church Parish Room (next to All Saints' Church), 7.00-9.00pm.

## ★ OCTOBER

**Saturday 3<sup>rd</sup>** **MEETING OF GREAT HOLLAND RESIDENTS ASSOCIATION:** Village Hall, 10.30am.

To include events for **October** or **November** in the Diary section of the next edition of **Village Voice**, please contact Linda on **852195** or Sandra on **672453** by **15<sup>th</sup> September**.

# All Saints' Church

## Rector's article ...

I've recently had to wait too long for a delivery. I ordered a parcel on the Monday, so that I could have it in time for the Sunday, and when did it arrive? Monday.

We expect things to come quicker and quicker don't we? Communication used to take weeks, then days, and now we can have instantaneous communication with the other side of the world. As a comedian pointed out, when we first see the internet, we marvel at the speed of it, but within half an hour we're starting to shout at the computer "Faster, faster!"

Scientists even had a hard time recently waiting the 4 hours and 25 minutes that it took the New Horizons spacecraft to send back a message from Pluto, through 4.7 billion km of space.

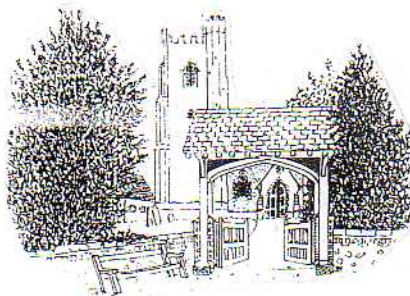
There's obviously something to say here about the need for patience, but it also tells us about the way we're made - we want to know things and we want to know people.

It reminds and encourages us to keep in touch with people, our friends and family - making that phone call is always a good thing to do; stopping and chatting is invariably a good thing.

To the Christian is also reminds us of the possibility of communication with God; the wonder of prayer and speaking to God, but also instantaneous communication from the one who made Pluto, not the machine that has just been there.

The Christian believes that God the Father speaks to us by his son the Lord Jesus. In him we don't simply receive blurry images, but a clear picture of God's love.

Mark



### Church Hall - All Saints' Great Holland

The Church Hall is situated next to All Saints' and is available for bookings from the general public. The accommodation comprises a pleasant carpeted room with six easy chairs, plus seating for about a dozen people, a small kitchen with tea/coffee making facilities and microwave, entrance hall and two toilets (one disabled). The cost of hire is £5 per hour from May-September and £7 per hour October-April (to cover extra heating and lighting costs).

To hire the Hall please contact **Judith Little** on **813645**

## From All Saints' Diary -AUGUST:

**FRINTON MISSION: Saturday 1<sup>st</sup> to Sunday 9<sup>th</sup> August.** The opening service of celebration will be held on **Sunday 2<sup>nd</sup> August** at 6.00pm.

The Bible Study group does not meet during August.

Saturday	1 <sup>st</sup>	2.00-5.00pm	<b>FÊTE!! In the Old Rectory</b>
<b>Sunday</b>	<b>2<sup>nd</sup></b>	<b>11.00am</b>	<b>Morning Worship</b>
Wednesday	5 <sup>th</sup>	2.00pm	Friendship and Interest Group in St Michael's Church Hall
<b>Sunday</b>	<b>9<sup>th</sup></b>	<b>8.00am</b>	<b>Joint Holy Communion with Kirby</b>
		<b>11.00am</b>	<b>Morning Worship</b>
<b>Sunday</b>	<b>16<sup>th</sup></b>	<b>11.00am</b>	<b>Holy Communion</b>
Wednesday	19 <sup>th</sup>	2.00pm	Friendship and Interest Group in the Church Hall
<b>Sunday</b>	<b>23<sup>rd</sup></b>	<b>11.00am</b>	<b>Morning Worship</b>
Tuesday	25 <sup>th</sup>	2.30pm	TeaPot in the Baker Hall
<b>Sunday</b>	<b>30<sup>th</sup></b>	<b>11.00am</b>	<b>Morning Worship</b>
Bank Holiday Monday	12.00pm		<b>KIRBY FÊTE in the Glebe Field</b>



## From All Saints' Diary - SEPTEMBER:

For dates of the Bible Study meetings at the Parish Room at 11.00am, please see the notice sheet or church notice board.

Wednesday	2 <sup>nd</sup>	2.00pm	Friendship and Interest Group in St Michael's Church Hall
Saturday	5 <sup>th</sup>	10.00am	Home Made Hour in the Village Hall
<b>Sunday</b>	<b>6<sup>th</sup></b>	<b>11.00am</b>	<b>Morning Worship</b>
<b>Sunday</b>	<b>13<sup>th</sup></b>	<b>8.00am</b>	<b>Combined Holy Communion with Kirby</b>
		<b>11.00am</b>	<b>Morning Worship</b>
Wednesday	16 <sup>th</sup>	2.00pm	Friendship and Interest Group in St Michael's Church Hall
<b>Sunday</b>	<b>20<sup>th</sup></b>	<b>11.00am</b>	<b>Holy Communion</b>
Tuesday	22 <sup>nd</sup>	2.30pm	TeaPot in the Baker Hall
<b>Sunday</b>	<b>27<sup>th</sup></b>	<b>11.00am</b>	<b>Morning Worship</b>



## OCTOBER

Sunday	4 <sup>th</sup>	11.00am	<b>HARVEST MORNING SERVICE</b>
Saturday	17 <sup>th</sup>	10.00-4.00pm	Chelmsford Anglican Bible Conference at Chelmsford Central Methodist Church. Peter Sanlon will be speaking on 'The Uniqueness of Christ'.



## All Saints' anniversary celebrations planned for 2016

As we mentioned in the last edition of Village Voice, the original All Saints' Church building (except for the Tower) was demolished in 1865 and then re-built. Demolition began on 17th June 1865 and the chief stone of the new building was laid on 4th August that year by the then Rector, the Revd. Richard Joynes.

Consecration of the new church took place on Friday 25th May 1866. The Parochial Church Council (PCC) would like the village as a whole to join in a celebration next year, to mark the 150<sup>th</sup> anniversary of the consecration, and to suggest ways in which all of us could celebrate. The PCC already has some thoughts, but if anybody has any ideas they will be very welcome, after all the church is part of, and belongs, to Great Holland.

If you have any ideas or suggestions for the celebrations, or would like to offer to help in any way, please contact either of the Churchwardens: Judith Little on **813645** or John Beale on **676472**.

\*\*\*\*\*

Last time we included extracts from an article dated Wednesday 30<sup>th</sup> May 1866, which appeared in The Essex Standard and Eastern Counties Advertiser, regarding the consecration of the church. Below are extracts from another article, dated Friday 1<sup>st</sup> June 1866, which give an idea of how the consecration was celebrated at the time.

*'... The occasion of the re-opening of the Church was one of great rejoicing in the parish and as both the Rector and all the principal parishioners had invited not only their personal friends from the neighbourhood, but many from a distance, there was a very full and influential congregation ...*

*The Lord Bishop of the Diocese ... arrived at the church at two o'clock, and was received by the Rector (the Revd Richard Joynes), the churchwardens and the clergy present. His Lordship proceeded to the front of the Communion Table, and having read the petition for consecration, presented to him by the Rector, signified his assent and commenced reading the opening sentences of the special service, walking at the same time from the east to the west end of the church ...*

*After other prayers for the Divine blessing upon the ordinances of the Church ... the CHANCELLOR, by direction of the BISHOP, read aloud the sentence of consecration "the church of All Saints, Great Holland."...*

*The offertory at the close of the service amounted to £56.10.*

*At the evening service at 7.15 the church was crowded, chiefly by working men of the parish ... A most impressive sermon ... was preached by the ... Rector of Wickham Bishops who kindly undertook the office ... in the place of the Bishop who had arranged to preach, but was called back to London by the serious illness of a near relative.*

*An additional sum of £2 was received at the doors, consisting almost entirely of half-pence and small coins.'*



# FUN!



## GREAT HOLLAND VILLAGE & CHURCH FÊTE 2015

Saturday 1<sup>st</sup> August

in the grounds of The Old Rectory, Rectory Road  
2.00 – 5.00pm (gates open 1.45pm)

There will be the usual mix of traditional side stalls and games and other attractions for the whole family including live entertainment, cream teas, pony rides, plant and cake stalls, craft stalls, silent auction, tombola, bouncy castle and more!

**We always need more helpers!** Please can we ask you once again to help again in the following ways?

- Put the date in your diary and plan to be there!
- Can you provide items for the bric-a-brac stall, White Elephant stall, book stall or Silent Auction, or items that would make good prizes?
- Can you provide items for the produce stall, such as jam, marmalade or home grown fruit and vegetables? As the cake stall is always popular, we would be very grateful for any home made cakes.
- Can you help with preparation on the days leading up to the Fête?
- On the day of the Fête, can you help with the parking, refreshments or on a stall?
- After the event, we always need help with clearing up on Saturday night and Sunday morning.



If you can help in *any* way, have items to be collected or can bring cakes on the day, please contact either: **Sue Jenkins on 850317** or **Nicky Stack on 677984**.

We look forward to seeing you all on **1<sup>st</sup> August!**





# Home Made Hours

Thank you to everyone who supported our June and July Home Made Hours and for the generous donations of home made goods and produce.

As usual, there is no Home Made Hour in August. Our next Home Made Hour takes place on **Saturday 5<sup>th</sup> September**. Please join us for tea, coffee, friendly company and the sale of home made cakes, jam, marmalade, trifles, savouries, scones etc and occasional plants/garden produce. We also have a raffle.

## ALL SAINTS' PARISH CHURCH WHO'S WHO

**RECTOR:** Rev. Mark Holdaway, The Rectory, 10 Thorpe Road, Kirby Cross CO13 0LT, (675997).

**CHURCHWARDENS:** John Beale, 5 Malting Lane, Kirby le Soken CO13 0EH (676472) and Judith Little, Lambourn House, Little Clacton Road, Great Holland, CO13 0EY (813645).

**PAROCHIAL CHURCH COUNCIL:** Churchwardens (ex officio), Sheila Watts (ex officio), Don Osler, Vanessa Giles, Ilze Robertson and Graham Hughes.

**HON. SECRETARY TO THE PCC:** Judith Little.

**VICE CHAIR TO THE PCC:** John Beale.

**HON. TREASURER TO THE PCC:** Sheila Watts c/o The Rectory, 10 Thorpe Road, Kirby Cross CO13 0LT, (675997).

**SIDESPERSIONS:** Rose Batten, Don Osler and Sheila Watts.

**MAGAZINE PRODUCTION TEAM:** Sandra Mooney and Linda O'Reilly (Joint Editors), Mim Wilson, Irene Lightowler, Michele Frere, Ingrid Harding, Judith Little, Eric Elsworth, Audrey Warren, June Forrest, Charmian Goundry, Iain Bell, Eileen Derrick, Christine Oxford, Chris Crispin and Robert Caines (Distributors).

Thank You

The Village Voice team would like to thank John and Pauline Knight for delivering Village Voice for many years, and Robert Caines who has now taken over their 'round'.

## WALTON & DISTRICT FOODBANK

Dear All,

A very brief shopping list this week just 3 items:

- Pasta Sauce
- Instant Mash
- UHT Milk

Kind regards

Dick Bloxsidge, Administrator, Walton & District Community FoodBank: **07926 015276** (office)

# Great Holland Methodist Church



## The love of the Heavenly Father!

There was once a father who took his one year old for a walk in the woods. The boy was in a baby carrier on his back and the walk was beautiful....The gurgles and baby noises and the walk of just the two of them, made this a very special time for the dad.

But as he had walked as far as he was going to walk and he turned around, it started to rain. To start with, the rain was small drops, but then those drops became big and soon the rain was pouring down and the dad and his son were drenched.

In the gospel of Luke 6: 47-49 we hear Jesus teach about wise and foolish builders. He says:

“As for everyone who comes to me and hears my words and puts them into practice, I will show you what they are like. <sup>48</sup> They are like a man building a house, who dug down deep and laid the foundation on rock. When a flood came, the torrent struck that house but could not shake it, because it was well built. <sup>49</sup> But the one who hears my words and does not put them into practice is like a man who built a house on the ground without a foundation. The moment the torrent struck that house, it collapsed and its destruction was complete.”

Jesus does not say: If the flood comes, if the rain comes, He says: ‘When the flood comes!’

In our lives we encounter rain at some point, we encounter sunshine, we encounter storms and we encounter rainbows.

The father and the son encountered rain on that walk home.

And the son started with small cries, but then as the rain was so drenching, the son was screaming his lungs out. He was scared. Rain was the only reality that he knew at that moment. And he screamed and screamed.

The father stopped, took him out of the baby carrier, and held him tightly next to his chest, next to his heart.

And as he walked with his son in his arms, he kept repeating time and again: ‘I love you my son. Don’t be afraid. Daddy knows the way home! I love you!’

And today, as we think of the love of our Heavenly Father, think of Him as the person that walks with you at all weathers and all times.

Hear his words as he holds you tightly to his heart and says: ‘My child, I love you. Don’t be afraid. Daddy knows the way home!’

Feel his presence as he walks with you in the sunshine and rejoices in being in your company, rejoices in listening to your voice, in just being there with and for you.

May you journey on with the assurance of such love in your hearts!

God’s blessings,

Eva

# Small Church - Big Worship!

Join us at our new inclusive, sensory aware, family service at:

## Great Holland Methodist Church

Main Road, Great Holland CO13 0SD

2<sup>nd</sup> Sunday of every month, starting Sept 13<sup>th</sup> 11am-12.00pm.

Come along for music and singing, videos, art & craft activities, refreshments and of course friendship.

All welcome on the day or for more details contact:

Rev Eva Walker

01255 851179



### THURSDAY COFFEE MORNINGS

**Are you new to the village? Do you want to meet people and make new friends? ...**

... then why not come along to our friendly coffee mornings in Great Holland Methodist Church Hall, every Thursday morning from 10.30am - 12.00 midday. Please drop in for coffee, biscuits, toasted teacakes and conversation. We also have donated goods for sale. You will be made very welcome!

## News from Great Holland Methodist Church

The fund-raising **Cream Tea with flower display** on 20<sup>th</sup> June was very enjoyable and well supported. Due to the threatening weather, our musicians - Ray, Amanda and Paul - decided to play inside the church rather than outside. However, many were able to enjoy cream teas in the garden before the rain arrived towards the end of the event. Thank you to everyone who supported the event and helped on the day. £138.00 was raised for Church funds.



A coach load of 51 people enjoyed the **Outing to Ipswich** on 27<sup>th</sup> June, a lovely warm and sunny day. We ate in various venues along the Waterfront, before boarding the boat for our Orwell River Cruise to Harwich. The 3½ hour return trip was accompanied by commentary, and a barge race along the river added to our enjoyment.



## **Forthcoming fun events at Great Holland Methodist Church**

Details not known at time of printing. Please telephone Anne on **675065** for information.



## **GREAT HOLLAND VILLAGE HALL**

The Village Hall's new windows will be fitted on 1<sup>st</sup> August.

The roof is the next big project!

**Sue Jenkins** (Chair)  
The Village Hall Committee





# GREAT HOLLAND RESIDENTS ASSOCIATION

**Chairman:** Paul Fletcher-Tomenius **Vice-Chairman:** Robert Caines  
**Treasurer:** Denys & Lindy Strich **Secretary:** Louise Goodwin & Hazel Martin:  
**Planning Officers:** John Poulton, Tom Sandy & Eddie Forrest

Dear Friends,

First of all, a final reminder about the village fete on Saturday 1<sup>st</sup> August is appropriate and further offers of help will still be welcomed by Sue Jenkins on 850317.

We did promise to organise a public meeting about the future of The Ship and delivered a leaflet to you all. Why has nothing happened? I HOPE the reason is good news because, at the time of writing this, we have been told that an offer by residents of the village made to Punch Inns, the present owners, has been accepted. It is early days, as legal matters and survey must be completed satisfactorily. However, if all goes well, the intention is a total refurbishment, followed by re-opening as a 'gastro-pub'. We would then have a brand new business with committed local owners. They are naturally reluctant to be named at this early stage but, so far, so good and I will let you have more information when the new owners are feeling more secure that the transaction will actually happen.

Sadly, the threat of inappropriate, unsustainable development hangs over the village in a cloud of increasing size. I will not bore you with every application actual and pending, but three of them merit some comment.

Three detached houses are threatened on the land adjoining High Trees in Kirby Road and the particularly daft proposal to create a cul de sac of houses next to Larges Farm, refused by Tendring District Council, has gone to appeal. The consequences of either or both of these proposals are dire. They would open the way to development along the remaining, undeveloped length of Kirby Road. Filling in the gaps with single dwellings is ridiculous, but creating a series of cul de sacs with multiple dwellings ranks as near insanity! We all experience that road daily and it needs no lecture from me to convince you of the unsustainability of this type of development. There is no sense whatever to these proposals and it is disturbing that long term residents of the village are beguiled by pound signs to the exclusion, it would seem, of all other considerations. I appeal to them to reconsider in the light of the long term interests of the village to which they themselves have professed commitment in the past.

The third application is the most recent, to develop the Great Holland Nursery site in Church Lane. This one would breach the three principles that have protected the village from inappropriate development for decades and they are ones I have referred to in several previous letters in Village Voice.

The nursery site falls inside the Conservation Area, outside the Settlement Boundary and amounts to back land development. If this proposal is approved, the dyke is breached and the flood of applications in the village will increase even more. The Conservation Area has been there for decades and has successfully resisted inappropriate development within its boundaries. The Settlement Boundary shows the extent of the village and controls sprawl. Small infill developments occur within it, but eating away at the edges

makes the protection meaningless. The development of back land means creating new building behind the line of existing ones, pouring new traffic onto the existing roads, interfering with the established privacy of existing houses and putting pressure on already over-pressed drainage systems. Tendring District Council has refused recent applications on the basis of "lack of sustainability", meaning that Great Holland has almost no facilities of its own (shop, pub, public transport, safe pavements to the station, adequate doctors' surgery or schools). This is not an invention, as you know, yet all these recent applications talk up the facilities of the village. The reports that state this contradict the view of the council and villagers; they are blatant fabrications to support planning applications.

There is a separate page on the Great Holland Nursery site which explains how to object. The paragraph before gives you some tips as to the planning issues involved. I hope you find it helpful, as individual objections, in addition to those of the Residents Association, are very helpful and do have an influence.

Our friends in Kirby Cross have a battle on their hands with implications for all of us. Ray Enever, the Chair of Kirby Residents Association, is leading an energetic campaign that deserves all our support. You will have seen the protest signs around about the Willow Farm development proposal. 270 houses on an estate, the only access to which is onto Halstead Road and a minor estate road!! Another developer has put in another application for 75 houses on a piece of land further down Halstead Road! So, that's 345 new houses spilling (according to planning guidelines for traffic volume) about 1035 more cars onto Halstead and surrounding roads!! If I did not know personally that this is true, I would have dismissed it as an early (or late) April Fool prank. How is it possible for any sane person to even dream about the effects of pouring this number of vehicles directly onto these roads? And the school places and the doctors' appointments are coming from where exactly? Why are we having to even talk about this lunacy?

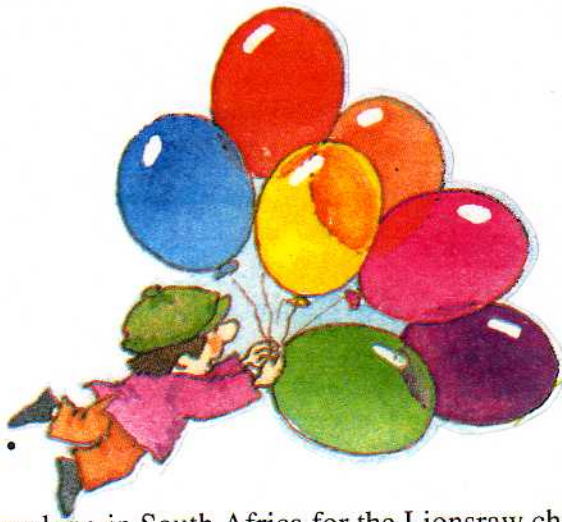
Obviously, the reason is greed. There can be no other motivation. Something is going wrong here where developers feel confident enough to put money into stupid, stupid proposals like this. Why are they confident to do it? They know local opposition will be universal, which it is. Is Tendring District Council giving them confidence? Is government policy to blame? I do not know the answer, but I do know that village residents are conservative when it comes to their immediate environment and they expect politicians to actually **conserve** it by respecting local opinion. It seems that is not happening. Signals are coming from somewhere that are in danger of driving a coach and four through the planning process. Whatever its failings, it is only the planning process that gives local opinion an input into what is otherwise simply a commercial enterprise. If that process fails to represent local opinion, then it will fail and our village environments will be wrecked by rapacious developers. OK, maybe 'the national interest' has to prevail over another London Airport runway, but local opinion must determine what happens in a village.

We need more letters of outrage going in to Tendring District Council. You can do it online or the old way. Great Holland Residents Association has lodged reasoned objections, which you can read on the Planning Department website, but more objections from individuals are good. They do have an impact.

Don't forget about that super Great Holland website run by the talented Paul Withams.

Paul Fletcher-Tomenius  
Chairman GHRA





## Good cause ...

In October, I will be working in South Africa for the Lionsraw charity. They started a feeding and education programme a short while back for 30 children a day, which has now increased to 400 children a day. We are helping them to build and assemble 13 new classrooms. Needless to say, I will not be doing any of the building work!

I am doing a fund-raising event, in the shape of a balloon race. This works by people buying a balloon at the cost of £1.50 each. **All the balloons will be released at the Great Holland Village & Church Fête on 1<sup>st</sup> August**, and attached to each balloon will be a ticket containing my address.

Those finding the tickets return them to my address by 1<sup>st</sup> September, and the person returning the ticket from the furthest distance away wins a prize of £20.00. The person whose bought that balloon wins £5.00.

If you would like to buy a balloon to help me raise money for this good cause, please telephone me on **01255 850317**.

Thank you in advance for your support.

**Sue Jenkins**

## News from Cllr Robert Bucke ...

1. Robert has been in touch with Essex County Council regarding the removal of an 'old stump' at the junction of Rectory Road and Manor Road.
2. He is also following up on the hedging which needs to be cut back along the main road between Westbury Road and Pork Lane. Pedestrians are now being forced near to the road edge because of encroachment,

Perhaps there may be some signs of the above work being undertaken by the time this magazine reaches your letterboxes!

## SUCCESS AT THE ROYAL NORFOLK SHOW

### Birch Hoe Southdowns and Birch Hoe Whiteface Dartmoors

When we purchased our flock of Southdown sheep in 2001 they were on the Rare Breed Survival Trust Watchlist and, along with other breeders, we have watched them grow and they are now classed as a native breed due to the increase in the number of breeding females. We have successfully shown them since 2003 and had great success with several championships and last year a top prize of Best of Breed Southdown at the Royal Norfolk Show 2014.

About 2 years ago we decided to add another breed to our farm and, again, we wanted to help a rare breed so we went to Exeter and brought some Whiteface Dartmoors as they are classed as category 4 At Risk.



Early last year we increased the ewes by purchasing some from Adam Henson's Cotswold Farm Park. We started showing them this year and, to our surprise, have had great success already and most recently took Best of Breed 2015 in the Hill and Heath Class with our home bred 2-year old Whiteface Dartmoor Ram called Birch Hoe Keith. The Whiteface Dartmoor's rams have stunning horns and long fleeces (although the ewes do not have horns but they still have a really long curly fleece) and are a lot larger breed than our Southdowns.

The Rare Breed Survival Trust does not just support sheep; it includes cattle, pigs, goats, equine and poultry. So if you are interested in find out more about the native breeds of livestock in the UK you can get information from [www.rbst.org.uk](http://www.rbst.org.uk).



## Attention Poultry Owners

I am writing about the sad demise of my chickens in the hope that local poultry owners may take note and be extra vigilant about the safety of their animals. Also, maybe someone can tell from my description what is likely to have caused their deaths, or whether this has happened to them in the local area (Kirby Road, Great Holland).

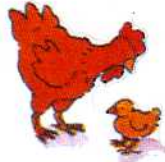
I don't want to dwell too much on this as they were my pets as well as wonderful egg layers, but here are a few details in case anyone can identify what attacked them...

I went to let my 3 chickens out from their house as normal on the morning of Friday 26<sup>th</sup> June, only to discover when I opened the door that they had been attacked during the night. I was really shocked as I had thought they were safe in there, and there was no sign of a disturbance from the outside. Their bodies were lying in a row in the middle of the house: their necks were broken with some feathers missing and it looked like 2 or 3 small puncture wounds there too but not much other mess. I can only think that whatever it was got in and out through the nest box by pushing the lid open which I had thought too difficult but probably was not impossible.

I am now concerned for my other small animals and I don't feel like I can keep poultry here again. If anyone has any relevant information please could you contact the village magazine?

Many thanks,

Ms J. Jackson



## Friends and Neighbours of Great Holland

Our next meetings will be on **Thursday 6<sup>th</sup> August** and **Thursday 3<sup>rd</sup> September** at 2 Great Holland Court (opposite the Village Hall), at 2.00pm. Everyone is welcome for tea, cake, friendly chat and to plan activities for future meetings. Please bring your knitting or sewing if you wish.

Phyllis Margetts (851118)

### Tending First Ladies

We welcome everyone to this friendly group that usually meets on the first Monday of each month, at Frinton Methodist Church Hall (corner of Ashlyn's Road/Fourth Avenue). Meetings start at 2.30pm. £2.00 is charged at each meeting to cover the cost of the room hire. A speaker talks for about half an hour and then tea and home made cakes are served. There is also a raffle.

**NO MEETING IN AUGUST**

**Monday 7<sup>th</sup> September**  
**The Work of Acorn Village**  
Heather Ablett

For more details please contact Fiona Robertson:  
01255 679006 or e-mail: [fiona348@btinternet.com](mailto:fiona348@btinternet.com)



# FRINTON FESTIVAL

## 2015

Those of us lucky enough to get tickets for the second Frinton Festival enjoyed high class musical performances by outstanding musicians, in delightful surroundings right on our doorstep!

The concerts took place over four days in five very different venues, including the tiny 11<sup>th</sup> Century St Mary's Old Church, Frinton Tennis Club, Voysey's famed 'Homestead' in Second Avenue and our own All Saints' Church.

There were so many highlights: Robert Max's exquisite rendition of Bach's C Major Cello Suite in the Old Church; the sound of a double quartet playing at both ends of a packed All Saints', following a welcome by the bells; Great Holland's own Ilze Robertson playing the harp in Horovitz's Captain Noah and his Floating Zoo - a choral and ensemble extravaganza at St Mary's Parish Church; and of course, the unforgettable and hugely entertaining 'Massive Violins' concert in the Tennis Club's beamed ballroom, complete with magical fairy lights, which revealed a *completely* different side of Robert Max as he played and sang his way through the eclectic programme, complete with gold sequinned jacket and matching shoes!

Photo below was taken at the All Saints' concert. More photos from the 2015 Festival can viewed at:

[www.frintonfestival.com](http://www.frintonfestival.com)

The Festival now looks set to become a regular event. If you would like to be among the first to hear about the 2016 festival, or you would like to help in any way, please email:

[frintonfestival@gmail.com](mailto:frintonfestival@gmail.com)

Linda O'Reilly



# Nuisance bonfires



A concerned resident contacted Village Voice recently to report that regular daytime domestic bonfires are causing a nuisance and pollution in a particular part of the village. Residents are having to keep windows and doors shut and cannot hang out washing when the fires are burning.

Tendring District Council's guidance on bonfires (see extract below) clarifies that residents are allowed to have bonfires without any time restrictions. However, it also explains that the Council can look into complaints about bonfires occurring regularly and explains how to report a nuisance bonfire.

## **'How to report a bonfire and what we can do**

**Tendring is not a smoke free zone and therefore people are allowed to have bonfires in our district. We also do not have any time restrictions for bonfires in our area.**

**When complaining about a nuisance bonfire, be prepared to keep a detailed diary of dates and times of the bonfires and how they affect you. This will help our officer in their investigation. The bonfires need to be around 3 - 4 times a week for us to investigate.**

**PLEASE NOTE: We will only look into complaints if the bonfires happen on a regular occurrence or are emitting very thick dark smoke.**

**Every year our Pollution team receive a large number of complaints about bonfires causing a repeated nuisance. The Environmental Protection Act 1990 allows us to take offenders to court should their bonfires cause a nuisance to neighbours. (i.e. have an unreasonable effect on their enjoyment of their home or garden).**

To report a nuisance bonfire, please either fill in the **[contact the Council form](#)**, email us on [environmental.services@tendringdc.gov.uk](mailto:environmental.services@tendringdc.gov.uk) or call us on 01255 686767.'

Why not take your rubbish to our local tip at Maltings Lane Kirby-le-Soken, rather than burn it, or compost what you can at home?

The tip's opening times are shown in the Contacts and Local Information section the second page of Village Voice.

TDC's website includes advice on home composting, an extract of which is included below.



## 'Compost at home

Compost your garden waste at home. Composting turns your green garden waste, such as grass and leaves, and uncooked vegetable and fruit waste, such as fruit cores and vegetable peelings, into an excellent soil conditioner. You can then use your homemade compost on your flower beds to improve nutrient content, help the soil structure and improve drainage.

## Food waste

Whilst you can add food waste items such as vegetable peelings and tea bags to your compost bin, other compostable materials such as cooked food leftovers, meat and bones should be put into your green food waste caddy and will be collected weekly.'



## To contact a Recycling officer:

**Telephone:** 01255 686888

**Email:** [recycle@tendringdc.gov.uk](mailto:recycle@tendringdc.gov.uk)

**Website:** [www.tendringdc.gov.uk/recycle](http://www.tendringdc.gov.uk/recycle)

**Post:** Tendring District Council, Thorpe Road, Weeley CO16 9AJ

# Bottle Bank

Some time ago, Tendring District Council sited a bottle bank near to the entrance of the car park at the rear of The Ship public house.

Great Holland residents may use the bottle bank between the hours of 9.00am - 6.00pm. When doing so, **PLEASE** show consideration for those living nearby.



# Great Holland Pits Nature Reserve



## A Nightingale

It was a mixed year for this bird. The male Nightingale was born not much more than a year ago, in a wood just five miles away from Great Holland Pits. He had been one of two which had fledged from a brood of three eggs, and he had found enough food to build up sufficient reserves of fat. He needed to be fit enough to partake in a long journey. As the heat of July gave way to a rather breezy August an urge had come over him to start heading south. As usual he mostly usually travelled alone directed by an urge which took him across the English Channel, reaching southern France by mid-August and Morocco by early September. The scrubby hillsides present along this route, had enough insects to provide adequate sustenance. The rest of the journey along the seaboard of Western Sahara was quite slow, as the urge to move southward to a comfortable wintering area in southern Senegal was completed in mid-December.

The urge to move further faded but all was not ideal. The best vegetation for a feeding nightingale is open canopy bush with a little bare ground at ground level, but this had been replaced in part by organised agricultural projects and some of the remaining shrubs were rather heavily pruned by a large goat population. Being slightly leaner than would have been ideal in January, an urge to move caused him to travel northward again.

While flanking the foothills of the Atlas Mountains in Morocco he was highly irritated by the song of his rival male Nightingales, noisily claiming patches of territory in suitable patches of forest. There was nowhere to settle so the flight went on, reaching southern France in March and in the first week of April reaching the English Channel. Most places in northern France were either not the right sort of vegetation or those places more suitable were noisy all night, with the warning piping and bubbling of rivals staking their pitch. He crossed the channel, and passed over lots of woods and thickets. The quiet woods tended to be dominated by big trees which allowed little light to the woodland floor, and very unwelcoming for a Nightingale. Areas of scrub were generally occupied by a lot of Nightingales singing out their claims; he could join the fray or move on.

He made his way at night to the area of his birth, but again heard two male Nightingales singing out their strident claim to their patch. Some undirected wandering in the same northerly direction brought him to the moonlit pits. There was quiet there. He landed amongst some dark blackthorn scrub. This looked hopeful. He started to sing, would there be a response? All was quiet, this was a good sign. As the sun arose keeping quite low amongst the dense borders he flitted around occasionally finding a grub, or a caterpillar. Two nights later as he was singing, a female of his species responded to his call. A nest was made and eventually four eggs were laid. Two weeks later three eggs hatched and all three fledged just two weeks later. As it happened the spring was rather late and the increase in the activity of caterpillars and other insect life was well synchronised with the feeding of the chicks.

By July the parent birds and their offspring were dispersing and feeding, sometimes now eating seeds and fruit, feeling the urge to be on the move again. What challenges would they face?

### Facts

- UK Nightingales declined by a staggering 53% between 1995 - 2008
- There was an apparent absence of Nightingales breeding at Great Holland Pits for 5 years but a pair arrived this year.
- It is thought that deteriorating habitat in Africa is contributing to their decline.
- Earlier seasons in the UK may mean that food supplies for chicks come at an unhelpful time.
- Less coppicing of woodland occurs in the UK, which used to provide good habitat for Nightingales.
- Muntjac deer have reduced the shrub cover in many British Woodlands.
- Birds have been shown to use sun and stars to calculate direction.
- A magnetic sense is also sometimes important.
- The birds inherit an instinctive model of their migration environment.

Bob Seago  
Warden

# Wolves, Housing and Changing Identity

by Ben Eagle

In July a new charity was launched in the UK. It's called '*Rewilding Britain*', and is the brainchild of columnist and campaigner George Monbiot. The charity's ultimate aim is to work towards one million hectares of land in Britain (the total area of the UK is about 24 million hectares), and 30% of British territorial waters 'supporting natural ecological processes and key species'. As well as reversing the loss of biodiversity in many areas, *Rewilding Britain* wants to reintroduce a number of species that have been long extinct in the UK, such as lynx and even wolves, and shift many local rural economies away from agriculture towards nature tourism and conservation. This does not mean that wolves will be roaming around Great Holland in the foreseeable future but it raises important questions about how the land around us is used and how this affects our community and others.

Part of me is excited about George Monbiot's ideas, which he first outlined in his book *Feral*, published in 2013. I was lucky enough to see him speak in Bristol earlier this year. He is certainly a charismatic speaker but I think that, ultimately, his main weakness is that he causes division between interest groups. If his concept is to work he needs to have broad support which may or may not mean looking for consensus. He is not afraid of speaking (or writing) his mind and therefore manages to sideline many farmers and landowners who are partly responsible for creating and sustaining (as he would probably say) the 'ecological desert' we see today (along with policy makers, politicians and lobby groups).

The type of land use that currently seems most under threat in this country is therefore farmland, from the rewilders on the one part and developers on the other. Farmland however is vital both in terms of producing food (like it or not we are facing a population boom both domestically and internationally) but also its other social and cultural benefits, helping to define the character of a place. Locally we are seeing a wave of potential housing developments, mainly to the west of Clacton but also in Walton, Little Clacton and Kirby, almost exclusively planned for medium quality agricultural land. Is it inevitable that with a rising population and an increasingly urban identity in this part of Tendring, Great Holland will see similar changes to its landscape over the next few generations?

Over the next ten to fifteen years Tendring will go through significant change in terms of the nature of its landscape. This will be more significant in some areas and less in others but either way it will have an effect on the identity of the place and the quality (and quantity) of services available. Critically, schools, surgeries and job opportunities must keep in line with the amount of housing that is built, to make sure that such change does not have a negative effect on people and creates resentment (something that can already be sensed). Ideally, communities should be allowed to grow organically. Nonetheless, I see why our own area is being asked to bear such a large change and faces a significant number of large scale developments, given our proximity to the capital.

In Great Holland we are currently largely dominated by farmland landscapes, which is a defining feature of the village itself. If this was built upon, or indeed if large areas were rewilded, an impact would be had on the identity of the community itself. Before moving ahead with big landscape defining projects, whether these are built or 'natural', communities should be involved throughout the process so that everyone can understand the implications in terms of their everyday lives and how the identity of the area could change over the medium and longer term. The people who live in an area should be the focus and final decisions should not be imposed by 'outsiders' (by which I mean anyone who proposes significant landscape change who doesn't have a social or cultural stake in the community itself) without the valid consent of the communities affected - a hint of 'Carswellian' localism here perhaps.

Human ecology, the interdisciplinary and trans-disciplinary study of the interrelationship between humans and their natural, built and social environments, is a vital piece of the jigsaw in understanding development and is often overlooked outside academic circles. However, it is this academic disciplinary study that effectively does what I have been calling for above - understanding the social and cultural effects that changes in the landscape may have, before moving ahead with the changes themselves. Planning should account not just for housing stock but services, open green space, farmland, woodland etc. Without such 'big scale social and landscape planning' development will remain piecemeal and lack overall vision. Some may call this Orwellian, but ultimately if such a plan does not exist, in cases of both rewilding and housing development, then it is the people who live in the areas affected by such landscape change who will ultimately suffer.



## STREET MEETS BY ESSEX POLICE

(Come and meet your PCSOs and discuss any issues you may have)

Every Friday Morning at Gt. Holland Village Hall  
Manor Road, Gt. Holland  
10.00 a.m. – 11.00 a.m.

### INCIDENTS .....

I am unable to include all incidents that have been reported due to their sensitive nature (Reports from 11/05 – 13/07/2015).

- 2 x concerns for welfare
- 1 x advice required
- 1 x obstruction – vehicle moved
- 1 x suspicious circumstances – all in order
- 1 x male trying doors early hours of the morning – no trace
- 2 animals in the road – dog and chicken
- 1 x alarm – all in order
- Property found – till draws. Recovered and awaiting scenes of crime.
- 1 x burglary – dwelling in Little Clacton Road

Gt. Holland has been busy report-wise, but only one major incident of note.

Please remember to secure your property, close windows and lock doors. Make Billy BURGLAR go elsewhere

### FRAUDSTERS .....

Fraudsters are targeting classified advertisement websites like AutoTrader to advertise vehicles for sale. Buyers are then contacting these 'sellers' to find out more about the vehicles and are being told to pay for them via 'Apple Pay'. In this case the fraudsters are not using the genuine Apple Pay service and potential victims pay money directly to bank accounts in control of the fraudsters. Individuals receive emails claiming to be from Apple Pay with a web link to a cloned website with false terms and conditions of the 'escrow' service. Any money remitted to the fraudsters is then unrecoverable and the vehicles are not delivered.

**Remember the Great Holland Fete on 1<sup>st</sup> August 2015. I will be attending and getting gunged in the afternoon.**

Keep safe.

PCSO 70843 Paul Brassey  
PCSO 6477 Michele Diss  
Walton Police Station  
Martello Road  
Walton-on-naze  
Tel: 101, ext.487553  
Community Phone No. 07850 631017

[paul.brassey@essex.pnn.police.uk](mailto:paul.brassey@essex.pnn.police.uk)  
[michele.diss@essex.pnn.police.uk](mailto:michele.diss@essex.pnn.police.uk)



# Water safety

Whether you're planning to soak up the sun abroad or stay at home and make the most of the beaches in Essex this summer, it's important to think about safety.

Every summer the Essex Police Marine Unit deals with families putting themselves in danger in the sea and county's rivers.

Dip into our advice below to help keep you and your family safe, and remember:

If you do ever find yourself in difficulty in the water, shouting for help or raising your hand in the air will help attract attention.



- If you see someone in trouble in the sea, DON'T attempt a rescue. Look for a lifeguard or call 999 and ask for the coastguard.

## At the beach

- Where possible, swim at a beach with a resident lifeguard and avoid swimming alone.
- If you or your children can't swim or are learning to swim always wear a life jacket or arm bands.
- If you can swim, know your limits and stay at a depth that is safe for you. Currents can be deceptively strong so keep an eye on the beach to make sure you don't drift out too far.
- Tombstoning or jumping into the sea from piers or high rocks is VERY dangerous and can kill. There's no way of telling how deep the water below is or what rocks lie beneath so don't take the risk.
- If you're taking a trip to the beach, plan your day. Find out what time the tide comes in so you don't find yourself cut off by high water. Don't ruin a fun day out by finding yourself stranded!
- Lilos and inflatables can be great fun for children but are easily pulled out to sea by the lightest of currents. Keep control of your inflatable by tethering it to something solid on the beach like a parents' wrist. This will help you pull the lilo back in when you need to.
- If you plan to ride a jet ski, do so safely by steering clear of swimmers. Jet skis being ridden within 200 metres of the shoreline should not exceed 10 mph.

## Lakes and rivers

- Swimming inland in deep water lakes has its dangers too. Taking a dip to cool off on a warm summer's day may be tempting but the water may be deceptively cold. Plunging into cold water can shock your muscles into cramp, making it difficult for you to swim to safety so be sensible and test the water first.
- Swimming in locks and weirs may look fun but beware of strong currents beneath.
- Water can look inviting on a hot day but beware of possible hidden dangers beneath like jagged rocks, broken bottles and weeds. Wear something to protect your feet and watch out for weeds that can trap the strongest of swimmers. If you become trapped, stay calm and slowly work yourself loose or call for help. Raising your hand in the air will help attract attention if you are in need of help.



**Dr Carla Mahmoud**  
**Dr Mathew Kattukaran**

Tel: 01255 861850  
Fax: 01255 860330



**Thorpe-le-Soken Surgery**  
**High Street**  
**Thorpe-le-Soken**  
**Essex CO16 0EA**

## **Thorpe-Le-Soken and Kirby Surgery Newsletter** **July/August 2015**

Hello All

There have been a few changes at the surgery over the last couple of months, we have said goodbye to Gwen our secretary who retired, Tanya (Dr Mathews wife who was helping out with secretarial duties), and Natalie Fitzgerald our part-time Practice Nurse who has decided that she would very much like to work with patients having treatment for cancer and of course Stephanie Durrant our Practice Manager of 19 years' service. We wish them all well for the future and thank each and every one of them for helping to make Thorpe-Le-Soken and Kirby Surgery the success it is.

A new full-time secretary has been appointed, Jane Bell who has worked in GP surgeries for many years and we are currently recruiting for a new Practice Nurse. Dr Emily Mott will be joining our team of doctors in September and we look forward to her becoming a part of the team. We have appointed Clare Letts to the role of Audit Clerk and Anna Papanastasiou as a new receptionist; Hugh Durrant has been helping as a temp over the busy summer season. Neil Marples (Finance Manager) and I, Karen Austen (Practice Manager) are very quickly learning our new roles to fill the large hole left by Stephanie's departure so we all look forward to the challenges of the future.

We have been using a triage system at the surgery as demand has increased for doctor appointments and so when a patient requests a same day appointment it is triaged by one of the clinical team. So far this system seems to be working well but demand is continuing to grow so we do ask that only those matters that cannot be dealt with by over-the-counter remedies at home should be reported to the surgery.

You will all know as it is widely reported in the press the NHS is under considerable strain from increased patient demand. This means that the NHS resources must be used wisely in order for the service as we know it today to continue to exist. There are restrictions in place that mean doctors are not able to prescribe some over the counter remedies for patients, these include pain killers, hayfever treatments, head-lice preparations, a whole host of creams and lotions and potions and dietary items. This list is not exhaustive; we have the full list at the surgery. In addition to this the price the NHS has paid for prescription items will be given to patients with the note 'paid for by the British tax payer'. Hopefully this will mean patients do not over-order medication and will use it wisely.

It's not just medication of course that costs the NHS but wasted Doctor and Nurse time by patients failing to turn up for appointments, un-necessary tests demanded by patients and misuse of appointments. We all have a duty to protect our precious NHS, to only use the service when necessary and not seek multiple opinions by visiting surgeries, walk-in centres, out-of-hours and A&E.

As we approach the main holiday season I would like you all to make sure that you have requested sufficient medication to see you through your travels and if you have relatives to stay, especially the elderly remind them to bring all their medication with them.

EPS, the electronic prescription service is working well. This means that you may have your prescription sent electronically to any participating pharmacy in the country, useful if you travel for work etc. If you have regular medication make sure that we have your preferred pharmacy on file.

As a last note, don't forget the sun protection. Avoiding sunburn is the best way to help prevent skin cancers in later life, especially sunburn to young skin and stay safe on busy roads whilst we have the extra traffic!

If you would like to know more about how you can become involved on shaping healthcare provisions for the future join our PPG (patient participation group). The next meeting is Wednesday 9<sup>th</sup> September at Thorpe-Le-Soken Sports and Social Club at 7pm. You may contact the secretary at [ppg.thorpesurgery@nhs.net](mailto:ppg.thorpesurgery@nhs.net)

## **FOR SALE**

### **Contemporary Wall Mounted Electric Convector Fire**

**2 heat settings (1000w/2000w) with remote control and dancing flame effect from stones**

**Homcom Model EF431SL**

**Installation and Instruction Guide**

**PRICE £35.00**

### **6 Green and Cream Cushions with ties**

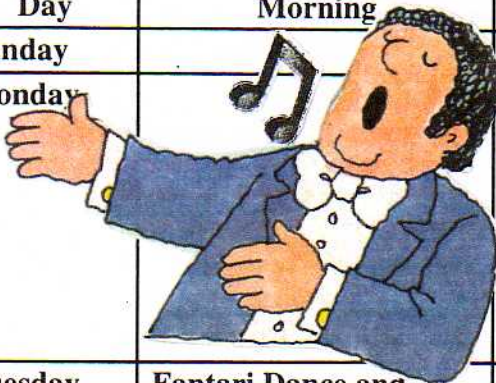


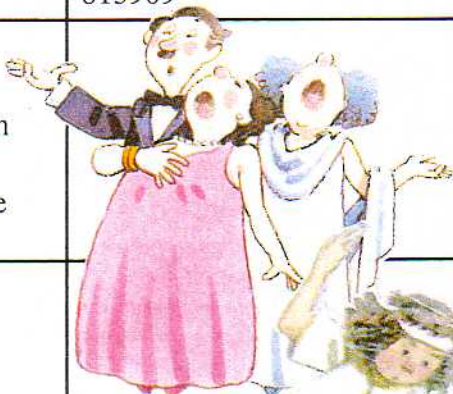
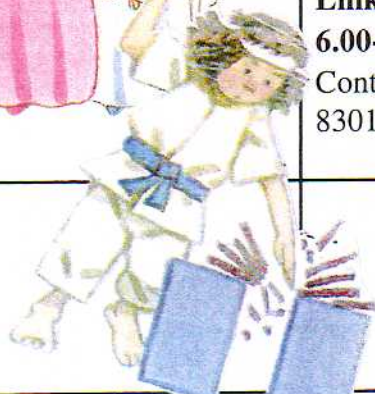
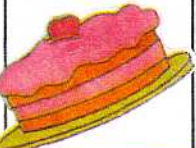
**for garden seats/chairs – unused**

**PRICE £20.00**

**Telephone: 01255 676996**

# WHAT'S ON IN YOUR VILLAGE HALL?



Day	Morning	Afternoon	Evening
Sunday			
Monday		<b>Tendring Male Voice Choir</b> <b>3.00-4.30pm</b> Contact: Ilze 813909 	<b>Cardio Vascular</b> <b>6.45-7.30pm</b>  <b>Pilates</b> <b>7.30-8.30pm</b> Contact: Claudine 862505
Tuesday	<b>Fantari Dance and Fitness</b> <b>9.30-10.30am</b> Contact: Sarah-Jane 688740  <b>Gentle Tai Chi with meditation</b> <b>11.00am-12.30pm</b> Contact: Ruth 07724 133702	<b>Carpet Bowls</b> <b>2.00-4.00pm</b> Contact: Les Miller 671214	<b>Links Karate</b> <b>5.30-7.30pm</b> Contact: Paul Harris 830136  <b>Badminton</b> <b>9.00-10.30pm</b> 671300 
Wednesday		<b>The Coastal Singers (mixed voices)</b> <b>2.30-4.30pm</b> Contact: Ilze 813909	<b>Aerobics</b> <b>7.00-8.00pm</b> Contact: Claudine 862505
Thursday	<b>Tai Chi</b> <b>9.30am-12.30pm</b> Contact: Des Exworth 679610 (additional classes are available)		<b>Belly Dancing</b> <b>7.00-8.00pm</b> Contact: Almeira Carmichael 07900 241630 / 01255 678297
Friday	<b>Beginners Tap</b> <b>11.15am-12.15pm</b> Contact: Ester Altin 07785 728920		<b>Links Karate</b> <b>6.00-8.00pm</b> Contact: Paul Harris 830136
Saturday	 <b>Home Made Hour</b> <b>10.00-11.00am</b> 1 <sup>st</sup> Saturday of the month (NOT January, February, August or October)		

### Rate for hire of Village Hall

£10 per hour. Please contact Coralie Harris on 830136 to book. (Email: [coralieh@live.co.uk](mailto:coralieh@live.co.uk))

Updated January 2015

Neither the Rector, Church Wardens, Parochial Church Council nor the Editors take responsibility for the information given in, or views expressed in, the "Great Holland Village Voice". Nor is any culpability accepted for work done by advertisers.

## Frinton & District Horticultural Society

OUR MEETINGS TAKE PLACE ON THE FIRST THURSDAY OF THE MONTH AT  
FRINTON METHODIST CHURCH HALL, FOURTH AVENUE, FRINTON-ON-SEA  
7.00 for 7.30pm

Thursday 3<sup>rd</sup> September  
A talk by Paul Harrison:  
"Bring on the Hot Winter Pots"

&

Competition:  
A Specimen Dahlia

Saturday 19<sup>th</sup> September  
AUTUMN SHOW  
McGrigor Hall, Fourth Avenue, Frinton-on-Sea  
Open to public: 1.30pm  
Prize giving: 3.30pm

Thursday 1<sup>st</sup> October  
A talk by Matthew Tanton Brown:  
"Pruning Trees and Shrubs"



If you are interested in joining the Society, please come to one of our meetings or contact the membership secretary (Linda O'Reilly) on **852195**. The annual membership subscription is £7.

## Frinton & Walton Postcard Club

Our meetings take place at St Cedd's Hall, Old Road, Frinton-on-Sea at 7.30pm

Although this Club was started for those who collect, or are interested in, postcards, you do not need to have this as a hobby to join our friendly social evenings and enjoy the talks/presentations given by guest speakers on a wide variety of subjects. Visitors and potential new members will be made very welcome. The entrance fee to our meetings is £2 and includes refreshments.

Tuesday 11<sup>th</sup> August  
Bird in the Hand  
Barbara Faulkner



Tuesday 8<sup>th</sup> September  
Stamps and Cards of Australia  
Ralf Bridgeman

For more details, or if you would like to become a member,  
please telephone John Barter on **852993** or Margaret Wilsher on **674134**